

U14 Boys Premiere Thunder, FC

Goals and expectations:

Teach the rules of the game focus on the club philosophy of possession soccer. 50% of practice should be with a soccer ball. 10% cardio, 20% drill focus, 20% restricted game play.

Leagues:

Play in U14B US Club first division league Fall 2010.

Play Futsal & Indoor through the winter.

Play in U14B US Club first division league Fall 2010.

Play in Far West Regional League. Spring 2011

Training:

Practice three times per week for 90min.

Practice once a week indoor through the winter.

Tournaments:

Aug, River City Cup

Aug, Northwest Cup

September, Sandpoint tournament

Oct, Apple Cup

April/may, Spokane Spring Classic

May, Hot Shots in CDA

April/May, Performance Cup, Boise

June, ID, State Cup

July, Western Boarder Cup

Uniforms:

White & Purple Jersey

Purple Shorts

White Shorts

Purple Socks

White Socks

Warm up

Purple Bag